

Extreme Connexions – Hemel Hempstead

Extremeconnexions is a youth sports related fantastic project soon to be built in Hemel Hempstead, Herts. This fantastic extreme sports project is a collaboration between Sportspace - Dacorum Sports Trust, Connexions, Dacorum Borough Council and Hertfordshire County Council.

The Sports Hub will house the Connexions Team and their full range of youth services which are second-to-none, along with one of the UK's top skateboard/ BMX circuits and amazing Indoor Climbing Centre. Watch this space for information as it becomes available.



New extreme sports & youth services facility in Hemel Hempstead incorporating VRF ASHP (air source heat pump) renewable technology for generation of hot water service and heating delivered through a combination of LPHW underfloor heating and high efficiency heat recovery VRF ducted fan coil units which is a major contribution in achieving significantly reduced carbon output for a building of it's size and layout.

Fresh air ventilation is delivered through a combination of natural ventilation and high efficiency heat recovery (MVHR) ventilation

